



# ON SITE TEAMBUILDING PROGRAMMES

[ OFF SITE PROGRAMMES AVAILABLE ON REQUEST ]

	Suitability	Indoors or Outdoors	Programme Length	Specific Outcomes	Pricing per person
<p><b>Wacky Olympics</b></p> <p>A series of wild and wacky interactive team games that run and are based on an Olympics style format whereby teams compete in smaller groups on a round robin basis</p>	<p>Low-High Impact</p> <p>All fitness levels</p>	Outdoors	<p>Half day (2-4 hours)</p> <p>Full day Option available</p>	Fun, Relax, interact outside of workspace, coordinate, teamwork, orientation.	<p>1 – 10 people R270 per person</p> <p>11 – 40 people R220 per person</p> <p>41 - 100 people R180 per person</p> <p>100+ people R150 per person</p>
<p><b>Activity Course</b></p> <p>A ropes course designed for personal development and teambuilding activity which consists of low elements. These low elements take place on the ground or a few feet above the ground.</p>	<p>Low-High impact</p> <p>All fitness levels</p>	Outdoors	<p>Half day (2-4 hours)</p> <p>Full day Option available</p>	<p>Efficient teamwork, focus, goal orientation, planning,</p> <p>Creativity, communication, roles and norms</p>	<p>1 – 10 people R270 per person</p> <p>11 – 40 people R220 per person</p> <p>41 - 100 people R180 per person</p> <p>100+ people R150 per person</p>
<p><b>Indiana Jones Teambuild</b></p> <p>(based on the popular movie series)</p> <p>Groups compete against one another to collect artefacts, which are used to solve puzzles to unlock Hella Hella's hidden treasures</p>	<p>Low-High impact</p> <p>All fitness levels</p>	Outdoors	<p>Half day (2-4 hours)</p> <p>Full day Option available</p>	Efficient teamwork, focus, goal orientation, planning, communication	<p>1 – 10 people R270 per person</p> <p>11 – 40 people R220 per person</p> <p>41 - 100 people R180 per person</p> <p>100+ people R150 per person</p>



<p><b>Hella Hella Fear Factor</b></p> <p>(based on the popular TV series)</p> <p>Teams compete in a series of fun “Fear Factor” like challenges and try to conquer their everyday fears.</p>	<p>Low-High Impact</p> <p>All fitness levels</p>	<p>Indoors or Outdoors</p>	<p>Half day (2-4 hours)</p> <p>Full day Option available</p>	<p>Relax, interact outside of workspace, coordinate, teamwork</p>	<p>1 – 10 people R270 per person</p> <p>11 – 40 people R220 per person</p> <p>41 - 100 people R180 per person</p> <p>100+ people R150 per person</p>
<p><b>Hella Hella Mind Games</b></p> <p>Designed for teams that do not want to exert a lot of physical energy.</p> <p>Teams compete in a series of problem solving activities.</p>	<p>Low-High Impact</p> <p>All fitness levels</p>	<p>Indoors or Outdoors</p>	<p>Half day (2-4 hours)</p> <p>Full day Option available</p>	<p>Lateral Thinking and problem solving, Time Management</p>	<p>1 – 10 people R270 per person</p> <p>11 – 40 people R220 per person</p> <p>41 - 100 people R180 per person</p> <p>100+ people R150 per person</p>
<p><b>Hella Hella Cook-off</b></p> <p>Braais, Potjies or Pizzas in a Cook-off to prepare the ultimate meal.</p>	<p>Low-High Impact</p> <p>All fitness levels</p>	<p>Indoors or Outdoors</p>	<p>Half day (2-4 hours)</p> <p>Full day Option available</p>	<p>Relax, interact outside of workspace, coordinate, teamwork</p>	<p>1 – 10 people R270 per person</p> <p>11 – 40 people R220 per person</p> <p>41 - 100 people R180 per person</p> <p>100+ people R150 per person</p>



<p><b>Amazing Race (on foot)</b></p> <p>Each team is provided with various clues relating to finding the “check-in” points. Some of the “Check-in” points have activities and others the teams need to “prove” that they located that specific point, there are also Roadblocks for teams to contend with “Check-in” points need to be located in the right sequence, which are hidden throughout the property.</p>	<p>Low-High Impact</p> <p>All fitness levels</p>	<p>Outdoors</p>	<p>Half day (2-4 hours)</p> <p>Full day Option available</p>	<p>Fun &amp; Competition, Time Management, Efficient team work, Lateral thinking and problem solving, Communication</p>	<p>1 – 10 people R270 per person</p> <p>11 – 40 people R220 per person</p> <p>41 - 100 people R180 per person</p> <p>100+ people R150 per person</p>
<p><b>Minute 2 Winit</b></p> <p>Based on the popular TV show, teams compete in a family friendly competition in which they need to complete 10 deceptively simple games, the teams have 60 seconds to complete each challenge, which increase in difficulty as the game progresses, or they are eliminated.</p>	<p>Low-High Impact</p> <p>All fitness levels</p>	<p>Indoors</p>	<p>Half day (2-4 hours)</p> <p>Full day Option available</p>	<p>Fun &amp; Competition, Time Management, Efficient team work, Lateral thinking and problem solving, Communication</p>	<p>1 – 10 people R270 per person</p> <p>11 – 40 people R220 per person</p> <p>41 - 100 people R180 per person</p> <p>100+ people R150 per person</p>
<p><b>Scanventures</b></p> <p>Combining age old navigation with technology, Participants get split up into teams, each team receives a topographic map and a compass, together with the use of their smart phones, the teams then need to navigate to a series of points (controls) that are shown on the map, choosing routes – on or off trail – that will help them find all the controls and get to the finish.</p>	<p>Low-High Impact</p> <p>All fitness levels</p>	<p>Outdoors</p>	<p>Half day (2-4 hours)</p> <p>Full day Option available</p>	<p>Fun &amp; Competition, Time Management, Efficient team work, Lateral thinking and problem solving, Communication</p>	<p>1 – 10 people R270 per person</p> <p>11 – 40 people R220 per person</p> <p>41 - 100 people R180 per person</p> <p>100+ people R150 per person</p>